



SISSSPT001 Implement sport injury prevention and management strategies Teacher Cheat Sheet

What is involved in Assessment Task 1

Students will complete 2 booklets for this unit of competency. One will be completed in class before SAVILE arrives for the practical assessment day and the other will be completed on the day of the practical assessment with SAVILE.

Activities to complete before SAVILE attends the practical assessment day.

Day 1

Part 1 of 5 – Provide sport injury prevention and management information to participants

- Students will work in pairs for this task.
- One student will role play the 2 injured participants while the other student is role playing the sports trainer.
- The sports trainer is required to ask questions and gather information from the participant.
- The sports trainer will then use this information along with their research to prepare their injury prevention and management information.
- The sports trainer will then present this to the participant
- The participant is then to provide feedback to the sports trainer.

Part 2 of 5 – Create sport specific injury prevention strategies

- Students will work in pairs for this task.
- One student will role play the 2 injured participants while the other student is role playing the sports trainer.
- The sports trainer is required to ask questions and gather information from the participant.
- The sports trainer will complete the participant and screening records for both participants.
- The sports trainer will design and complete the participants warm up and cool down program, this will also include the required taping techniques for their identified injuries.
- ***Please note that students will complete the practical application of taping and their warm up and cool downs on the practical day with SAVILE.***



Day 2

Activities to be completed on the day of the practical assessment with SAVILE

Part 3 of 5 – Implement sport specific injury prevention strategies

- Students will work in pairs for this task.
- One student will role play the 2 injured participants while the other student is role playing the sports trainer.
- The sports trainer will implement the participants warm up and cool down program, this will also include the required taping techniques for their identified injuries.

Part 4 of 5 – Implement injury, illness and medical condition management strategies

- Students are required to complete the 4 scenarios with SAVILE.
- Students will also be required to have on them the **Facility Plan & EMP** document as they will be required to use this document as part of this task.
- Students will view the video, **Meadow Dunes Aquatic and Leisure Facility Opening 2**
- Students will complete a second **Workplace Inspection Form**, while viewing this footage
- While completing the second inspection, students will hear a fire alarm and be required to follow the emergency evacuation instructions
- Students are required to indicate on the Facility Plan & EMP document the emergency exits for the workplace
- Students are required to indicate on the Facility Plan & EMP document the quickest way to the emergency evacuation point listed in the **Emergency Management Plan** from the **Purple Star**

Part 5 of 5 – Reflection

- Students are required to complete the reflection questions based on their performance in Part 4.



What is involved in Assessment Task 2 – Online Knowledge Questions?

- Students will have 120 minutes to complete the closed book assessment test
- **Assessment Task 2 - *Recommended time allowance – 120 minutes***

Each student needs to submit the following for this unit to be complete:

- The completed online knowledge-based questions, each answer is required to be satisfactory